

UCC TREATMENT ROOM Menu

NAME: _____ ROOM _____ DATE: _____

Please circle selections. Menu may be edited.

Fax to x7559

BEVERAGES:

Coffee/Decaf Coffee Tea/Decaf Tea/Herbal Tea
Hot Cocoa/Sugar-Free Hot Cocoa
Iced Tea Ice Water

Milk: ♥ Skim, 2%, Whole, Chocolate, Lactaid, ■ Soymilk

♥ Juice: Apple, Cranberry, Orange, Prune, V-8

Soda: Coke, Diet Coke, Sprite, Diet Sprite, Gingerale,
Diet Gingerale

SOUPS & SALADS:

Chicken Noodle ■ Tomato ■ Garden Vegetable
Chicken Broth Beef Broth ■ Cream of Broccoli

■ ♥ Cottage Cheese ■ Coleslaw

■ ♥ Tossed Salad (*Italian/Ranch/French/Caesar/Oil & Vinegar/Lowfat Italian/Lowfat French*)

CONDIMENTS:

Butter / Margarine Salt / Pepper Honey Lemon
Ketchup / Mayo / Lowfat Mayo/Mustard
Sugar/Sugar Substitute Creamer/Non-dairy creamer
BBQ Sauce / Relish / Tartar Sauce / Soy Sauce
Cream Cheese/Lite Cream Cheese Jelly/Diet Jelly
Sour Cream Parmesan Cheese Cranberry Sauce
Saltines

DESSERTS:

Frosted Vanilla Cake Pound Cake Brownie

Frosted Chocolate Cake ♥ Angel Food Cake

Cookies: Chocolate Chip, Oatmeal Raisin, Peanut Butter

Sherbet ♥: Raspberry, Orange

Pudding: Chocolate, Vanilla

Ice Cream: Vanilla, Chocolate, Strawberry

Italian Ice: Cherry, Watermelon, Lemon

Fresh Fruit ■ ♥: Apple, Banana, Orange, Grapes, Pineapple

Fresh Fruit Cup (Honeydew, Cantaloupe, Grapes)

Prunes

Canned Fruit ■ ♥: Peaches, Pears, Applesauce

♥ Gelatin/Diet Gelatin ♥ Yogurt/Light Yogurt ♥ Custard

Lorna Doones ♥ Graham Crackers

COLD ENTREES:

Chicken Caesar Salad Chef Salad

(*Italian/Ranch/French/Caesar/Oil & Vinegar/Lowfat Italian/Lowfat French*)

■ ♥ Cottage Cheese Fruit Plate

DELI BAR ~ Create your own custom sandwich

Salad ***Meats*** ***Cheeses***

Tuna Salad ♥ Turkey ■ American

■ Egg Salad Roast Beef ■ Swiss

Chicken Salad Ham ■ Provolone

Breads White, ♥ Wheat, Rye, Kaiser Roll, Hoagie Roll

 ■ Peanut Butter & Jelly Turkey Club (w/bacon)

Extras: Lettuce, Tomato, Onion, Pickle

♥ *indicates a heart healthy menu item*

■ *indicates a vegetarian menu item*