



University of Connecticut  
Health Center

**To place your meal order please  
dial: MEAL (x6325)  
Room Service is available from  
6:30am-6:30pm  
Your order will arrive within 45  
minutes  
CLEAR LIQUID Menu**

**Beverages:**

Apple Juice  
Cranberry Juice  
Coffee  
Decaf Coffee  
Tea  
Herbal Tea  
Iced Tea  
Sprite  
Diet Sprite  
Gingerale  
Diet Gingerale

**Soups:**

Chicken Broth  
Beef Broth  
Vegetable Broth

**Desserts:**

Gelatin  
Sugar Free Gelatin  
Italian Ice- Lemon, Watermelon, Cherry  
Popsicle: Orange, Cherry, Grape

**Condiments:**

Sugar  
Sugar Substitute  
Salt



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FULL LIQUID Menu**

**Beverages:**

Juices: Apple, Cranberry, Orange  
Coffee, Decaf Coffee  
Tea, Decaf Tea, Herbal Tea, Iced Tea  
Sprite, Diet Sprite  
Gingerale, Diet Gingerale  
Coke, Diet Coke  
Hot Chocolate, Diet Hot Chocolate  
Milk: 2%, Skim, Whole, Soymilk, Lactaid

**Cereals:**

Oatmeal  
Cream of Wheat

**Soups:**

Broth: Chicken, Beef, Vegetable  
Cream of Broccoli  
Tomato

**Desserts:**

Gelatin, Sugar Free Gelatin  
Italian Ice- Lemon, Watermelon, Cherry  
Popsicle: Orange, Cherry, Grape  
Regular or Diet Pudding: Chocolate or Vanilla  
Ice Cream: Vanilla, Chocolate, Strawberry  
Sherbet: Orange, Raspberry  
Custard

**Condiments:**

Sugar  
Sugar Substitute  
Salt/Pepper  
Margarine  
Butter