



University of Connecticut  
Health Center

To place your meal order please dial

**MEAL (ext. 6325)**

**Room Service is available from**

**6:30am-6:30pm**

**Your order will arrive within 45 minutes**

We will make every effort to accommodate religious & cultural preferences.

**HOT ENTREES:**

Kosher Meals: Call to see what is available

**SALADS:**

■♥Tossed Salad (*Italian/Ranch/French/Caesar/Oil & Vinegar*)

■♥Cottage Cheese

**COLD ENTREES:**

■♥Cottage Cheese Fruit Plate

**DELI BAR ~** ■Egg Salad ■Peanut Butter & Jelly

**Breads** White, ♥Wheat, Rye

**Extras:** Lettuce, Tomato, Onion, Pickle

**ACCOMPANIMENTS:**

■♥Baked Sweet Potato ■♥White Rice

■♥Green Beans ■♥Butternut Squash ■♥Carrots

■♥Broccoli ■♥California Blend Vegetables ■♥Corn

Breadstick Potato Chips Dinner Roll

**DESSERTS:**

Lorna Doones ♥Graham Crackers

**Sherbet ♥:** Raspberry, Orange

**Ice Cream:** Vanilla, Chocolate, Strawberry

**Italian Ice:** Cherry, Watermelon, Lemon

**Fresh Fruit ■♥:** Apple, Banana, Orange, Grapes, Pineapple

**KOSHER MENU**

**BEVERAGES:**

Coffee/Decaf Coffee Tea/Decaf Tea/Herbal Tea

Hot Cocoa/Sugar-Free Hot Cocoa

Iced Tea Ice Water

**Milk:** ♥Skim, 2%,Whole, Chocolate, Lactaid, ■Soy milk

♥**Juice:** Apple, Cranberry, Orange, Prune, V-8

**Soda:** Coke, Diet Coke, Sprite, Diet Sprite, Gingerale,

Diet Gingerale

**BREAKFAST ITEMS:**

Scrambled Eggs Fried Egg Hard Boiled Egg

♥Egg Substitute

French Toast

Pancakes

♥Cream of Wheat

♥Oatmeal

English Muffin

Blueberry Mini Muffin

Corn Mini Muffin

- Omelet made to order: your choice of –  
Onions, peppers, mushroom, tomato

♥Rice Krispies

Frosted Flakes

♥Raisin Bran

♥Special K

♥Cheerios

♥Fruited Yogurt/Lite Yogurt/Plain Yogurt

**CONDIMENTS:**

Butter / Margarine Salt / Pepper Honey Lemon

Ketchup / Mayo / Lowfat Mayo/Mustard

Sugar/Sugar Substitute Creamer/Non-dairy creamer

BBQ Sauce / Relish / Tartar Sauce / Soy Sauce

Cream Cheese/Lite Cream Cheese Jelly/Diet Jelly

Sour Cream Parmesan Cheese Cranberry Sauce

Saltines



Patients are **THE HEART** of everything we do.

