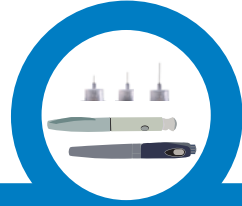


Different Ways To Take Insulin



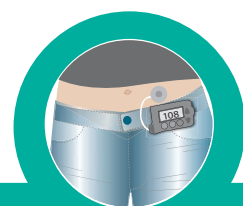
SYRINGE

- Most widely available.
- Usually a less expensive form of insulin delivery.
- Dose can be adjusted by small amounts (1 unit or 1/2 units).
- Can use most types of insulin (short, intermediate, mixed and long acting).
- Requires good vision to measure dose.



PEN

- Portable injection choice.
- Easy to set correct dose with dial.
- Dose can be adjusted by small amounts (1 unit or 1/2 units).
- Can use most types of insulin (short, intermediate, mixed and long acting).



PUMP

- Often results in better diabetes control.
- Allows for more flexible eating schedule.
- Dose can be adjusted by 1/10 to 1/20 units.
- Requires a higher level of involvement in daily care (diet, dose adjustments, checking blood glucose).
- Requires more advanced diabetes education and skills.



INHALER

- No needles required.
- No needle disposal.
- Cannot make 1 unit or 1/2 unit dose adjustments.
- Uses only short-acting insulin.
- About the size of an eyeglass case when stored and larger when in use.