

PROCEDURE FOR: Patient Instructions for Cardiac Cath/PCI

PURPOSE: To provide guidelines for patient education and preparation pre-cardiac procedure.

PROCEDURE:

Action

Points of Emphasis

Outpatient Scheduled by Cardiologist through Cath Lab Scheduling Secretary:

1. Patient Instructions:

- a. Patient will report to Cardiopulmonary Office 1 ½ hours prior to scheduled procedure.
- b. Patient must be fasting from midnight the night before scheduled cath. May take medications with sip of water.
- c. If patient is taking Coumadin or Warfarin, medication must be stopped three full days before scheduled procedure.
- d. Patients will bring all medicines (in their appropriate bottle) to hospital with them.
- e. Patient will bring insurance cards with them.
- f. Patient must be accompanied by an adult to drive him/her home.
- g. Patient must arrange for a competent adult to stay with them for four hours after arrival home.
- h. Patient will be instructed to do only light activity for 24 hours after procedure.

2. Preadmission Testing (Lab work with EKG)
Must be done within 30 days prior unless clinically indicated. Arrange testing through referring MD or Cath Scheduling Secretary.

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<u>Action</u>	<u>Points of Emphasis</u>
3. Inpatient can be scheduled at any available time slot in Cath Lab through Cath Lab Scheduling Secretary or Cath Lab charge person.	
a. Cardiac Cath procedure will be scheduled through Attending Cardiologist or Cardiologist performing the Cardiac Cath.	
b. Patient instructions/teaching done per respective nursing unit.	
c. Pre-cath orders and consent for procedure to be filled out and signed by Cardiologist performing Cardiac Cath.	
d. Patient must be fasting from midnight the night before Cath if Cath is scheduled for a.m. A clear liquid breakfast will be ordered if Cath is scheduled for after 12:00 noon.	
4. Transfer patient from outside facility to be admitted to John Dempsey Hospital Cardiology Service.	
a. Determine if patient needs to go to ICU, Telemetry or General Medical floor.	
b. Be sure insurance is checked and need for precertification (individual interventional)	
c. Patient should be transferred to John Dempsey Hospital 1 ½ hours prior to scheduled Cath time if going to hospital bed; 1/2 hour before scheduled Cath if going directly to Cath Lab. Be sure sending hospital knows to have patient fast after midnight the night before and sends appropriate records.	

OUTCOME: Diagnostic Cardiac Cath will be scheduled promptly and efficiently. Patients undergoing Cardiac Cath will understand clear and concise instructions prior to arrival at John Dempsey Hospital.

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ASSOCIATED

PROCEDURE: Scheduling Procedures in Cardiac Cath Lab

EFFECTIVE DATE:

REVISION DATES: 11/00