

PROTOCOL FOR: Back Pain: Nursing Management for the Patient with Low Back Pain
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DESIRED PATIENT

OUTCOME: Patient will receive adequate pain control and medical evaluation of pain.

CLINICAL
ASSESSMENT

AND CARE:

1. Etiology of back pain
2. Pain scale assessment and reassessment within 2 hours after medication or other pain interventions.
3. Vital signs on admission.
4. Allergies
5. Current medications
6. Past medical history
7. Circulation, movement, and sensation of all extremities
8. Medicate for pain per MD order
9. Urine dipstick per MD order
10. Diagnostic imaging per MD order

REPORTABLE

CONDITIONS:

1. Heme ⊕ urine/hematuria
2. Inadequate pain control.

PATIENT TEACHING:

1. Instruct patient on medications, treatments, and follow-up care

APPROVAL:

Emergency Department Unit Review
Nursing Standards Committee Unit Review

EFFECTIVE DATE:

11/92

REVISION DATES:

10/99, 11/02, 2/06, 9/08