

PROTOCOL FOR: Gastrointestinal Bleed: Nursing Management for the Patient with Acute GI Bleed

DESIRED PATIENT
OUTCOME:

Patient will have GI bleeding controlled and be hemodynamically stable prior to transfer from the Emergency Department

CLINICAL
ASSESSMENT
AND CARE:

1. Assess vital signs including orthostatics. Reassess vs. per acuity level.
2. Assess bowel sounds and abdominal pain, tenderness. Utilize pain assessment scale.
3. Establish 2 large bore IV's and administer IV fluids per MD order.
4. Obtain lab work per MD order including type and cross-match.
5. Insert NG tube per MD order and lavage until clear
6. Guaiac stool and gastroccult NG fluid
7. Insert foley catheter per MD order and document accurate I & O.
8. Notify MD of:
 - a. Increasing blood loss
 - b. Signs/symptoms of shock BP < 90sys P > 100
9. Assist with further diagnostic procedures

APPROVAL: Emergency Department Unit Review
Nursing Standards Committee

EFFECTIVE DATE: 4/93

REVISION DATES: 10/99, 11/02

REVIEWED DATES: 2/06, 9/08