

PROTOCOL FOR: Diabetes (Insulin Dependent): Care of the Post Partum Patient With

PURPOSE: To delineate nursing care/teaching of the post partum diabetic patient.

SUPPORTIVE DATA: Diabetes is a common medical disorder that has many implications for the post partum patient and her family. Consistency in patient care management and teaching is crucial for optimal patient outcome.

DESIRED PATIENT

- OUTCOME:
1. Patient will demonstrate and/or verbalize understanding of diabetes in the post partum period.
  2. In collaboration with the health care team, the patient will maintain diabetic control.

POST PARTUM

- ASSESSMENT:
1. Assess patient's/family's knowledge base regarding diabetes and post partum period on admission and prn.
  2. Assess patient's diabetic status as ordered.
  3. Assess blood sugars Q6 hr until tolerating solid then F.B.S and 2° post prandial as ordered and prn.

- PATIENT CARE:
1. Encourage compliance with dietary regime.
  2. Review with patient previous insulin dosage.
  3. Stress with patient importance of maintaining good diabetic control at all times.
  4. Discuss with patient both control options and importance of good preconceptual diabetic control with future pregnancies.
  5. Discuss breast-feeding issues (see Diabetic Teaching packet).
  6. Administer medication as ordered by MD.
  7. Encourage self-administration of insulin as ordered.
  8. Encourage and support maternal/infant attachments.
  9. Implement appropriate post partum teaching.

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REPORTABLE

- CONDITIONS:
1. Blood glucose values that exceed patient's parameters.
  2. Noncompliance with dietary regime.
  3. Hyper/Hypoglycemic episodes.

- DOCUMENTATION:
1. Initiate standard care plan and data base on admission.
  2. Record assessment/physical findings on unit flow sheet.
  3. Document per documentation policy, Department of Nursing.

REFERENCES: Nursing Standards Committee

CREDENTIALS: RN

EFFECTIVE DATE: 6/94

REVISION DATES: 3/97, 6/02, 8/03

REVIEWED DATES: 9/08