

PROTOCOL FOR: Diabetic Antepartum: Care of the Patient

DESIRED PATIENT

- OUTCOMES:
1. Patient will demonstrate and/or verbalize understanding of diabetes and pregnancy implications.
 2. In collaboration with the health care team, the patient will maintain diabetic control throughout the pregnancy and postpartum in order to facilitate optimal maternal-fetal and neonatal outcome.

CLINICAL
ASSESSMENT

- AND CARE:
1. Assess patient's/family's knowledge base regarding diabetes and pregnancy on admission and prn.
 2. Assess status of patient's diabetic control through physical and laboratory findings throughout admission.
 3. Assess vital signs and fetal heartrate at least every eight hours or as ordered.
 4. Assess for fetal well being as ordered (i.e., FHR, NST, fetal movement counts).
 5. Encourage self-administration of insulin as ordered, emphasizing importance of site rotation.
 6. Encourage compliance with dietary regime.
 7. Encourage activity as ordered.
 8. Discuss guidelines for breastfeeding.
 9. Discuss with patient birth control options and importance of good preconceptual diabetic control with future pregnancies.

PATIENT TEACHING:

1. Initiate Diabetes in Pregnancy Patient and Family Teaching Record.
2. Discuss the interrelationship between pregnancy and diabetes.
3. Distribute and review diabetic educational packet.
4. Provide anticipatory guidance for discharge and plans for outpatient glucose monitoring and follow-up.

DOCUMENTATION:

1. Record educational sessions and learner outcomes on the Diabetes in Pregnancy Patient and Family Teaching Record.

Protocol

L & D/OB-GYN - Unit Practice Manual
John Dempsey Hospital-Department of Nursing
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APPROVAL: Nursing Standards Committee

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