



**Generic Name: DIGOXIN (Di-jox-in)**  
**Brand Name: LANOXIN (Lan-ox-in)**

### **USE OF DIGOXIN:**

---

Digoxin is used to improve the strength and efficiency of the heart muscle by helping it pump in a slower and a more regular way. This leads to an increased amount of oxygen delivered to the body so that the baby will have better color, will not tire as easily and will breathe more comfortably.

### **CALL THE DOCTOR IF:**

---

1. Your baby has loss of appetite.
2. Your baby has vomiting or diarrhea that lasts longer than 3 days.
3. Your baby's breathing pattern changes or the baby has a cold or the flu.
4. Your baby has less energy or is sleepier than usual.
5. Your baby vomits two regularly scheduled doses in a row.

### **SPECIAL INSTRUCTIONS:**

---

1. Review the 2 sections titled "**Safety**" and "**How to Use the Medicine**" in your **General Instructions for Giving Your Baby's Oral Medicine** hand out.
2. **It is very important that you give the right amount of medication at the same time every day.**
3. Give it after the baby wakes in the morning and again at night before bed. Your doctor may want you to check your baby's pulse before giving the Digoxin. A nurse can teach you how to check your baby's pulse. Your doctor will tell you how fast your baby's pulse should be. If your baby's pulse is too high or too low call the doctor before giving your baby the medicine.
4. It is best to give Digoxin on an empty stomach, but if it upsets the baby's stomach it may be given with formula.
5. Draw up the Digoxin in a tuberculin syringe. Give it before the baby eats. Give the medicine right into the baby's mouth. Put the syringe in one side of the mouth and halfway to the back.
6. Hold your baby with the head up and give slowly so your baby does not gag or choke on the medicine.
7. If your baby does not swallow all of the medicine, do not give the dose again. Wait until the next medication time and give the regular dose.
8. It usually works best if only one person is responsible for giving the medicine. A calendar with a pencil attached to mark off when each dose is given may be helpful.
9. Do not change brands of Digoxin without asking the doctor.