



**John Dempsey Hospital  
The University of Connecticut Health Center  
Department of Nursing  
NICU/NBN/SCN**

**Generic Name: PROPRANOLOL (Pro-pran-o-loll)  
Brand Name: INDERAL (In-derr-all)**

### **USE OF PROPRANOLOL:**

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Propranolol is a medication that is used to make a baby's heart beat more regular. Propranolol is given when a baby's heart is beating too fast. Propranolol may also be used for the treatment of high blood pressure.

### **CALL THE DOCTOR IF:**

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1. Your baby has a loss of appetite.
2. Your baby vomits two regularly scheduled doses of medicine in a row.
3. Your baby has less energy or is sleepier than usual.
4. Your baby is having trouble breathing or is wheezing.
5. Your baby's arms and legs are cold and pale or bluish in color. The arms and legs have a "marbled" look.
6. Your baby is more restless than usual or has trouble sleeping.
7. Your baby develops a rash (not in the diaper area).
8. Your baby has cold hands and feet.
9. Your baby has swelling in the feet.

### **SPECIAL INSTRUCTIONS:**

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1. Review the 2 sections titled "**Safety**" and "**How to Use the Medicine**" in your **General Instructions for Giving Your Baby's Oral Medicine** hand out.
2. Propranolol should be given at the same time every day.
3. Give the medication right into your baby's mouth – to the side and halfway to the back. Hold your baby with the head up and give slowly so he/she does not gag or choke on the medicine.
4. Do not stop giving the Propranolol unless the doctor tells you to. A type of withdrawal syndrome may be seen if the medicine is stopped suddenly.