



John Dempsey Hospital
The University of Connecticut Health Center
Department of Nursing
NICU/NBN/SCN

VERAPAMIL (Ver-AP-a-mil)

USE OF VERAPAMIL:

Verapamil is a medicine that has a number of effects in the body. It may be used to decrease the resistance to blood flow through the body, making less work for the heart. It also may be used to treat high blood pressure and irregular heartbeat.

CALL THE DOCTOR IF:

1. Your baby is having trouble breathing or is wheezing.
2. Your baby seems very tired and sleepier than usual or weak.
3. Your baby develops a skin rash.
4. Your baby's heart seems to be pounding when you feel the chest.
5. Your baby's arms look pale or bluish in color or have a "marbled" look to them.
6. Your baby feels warm to the touch and looks red and flushed.
7. Your baby has a loss of appetite, constipation or seems to have an upset stomach.
8. Your baby vomits two regularly scheduled doses of medicine in a row.
9. Your baby has a runny or stuffy nose.
10. Your baby has changes that you think may be caused by the medicine.

SPECIAL INSTRUCTIONS:

1. Review the 2 sections titled "**Safety**" and "**How to Use the Medicine**" in your **General Instructions for Giving Your Baby's Oral Medicine** hand out.
2. Verapamil should be given at the same time every day.
3. Change your baby's position from lying to sitting or upright slowly. Verapamil may cause a decrease in blood pressure and feelings of lightheadedness and dizziness. There may not be visible signs that your baby is feeling this way.