

PROTOCOL FOR: Psychiatric Occupational Therapy Individual Activities with Patients on the Inpatient Psychiatric Unit

POLICY: For patients whose psychiatric and/or individual condition requires bed rest, isolation or limited stimulation, individual Occupational Therapy (OT) activities will be identified and initiated by OT staff.

DESIRED PATIENT

OUTCOMES: Patients will have access to OT services.

**CLINICAL
ASSESSMENT AND**

- CARE:**
1. The psychiatric occupational therapist will assess necessary precautions and guidelines required for providing activities to the patient.
 2. The psychiatric occupational therapist will provide individual activities for the patient, or will review with the assigned nursing staff member, appropriate activities and use of materials.
 3. Activities will be carefully chosen for each patient based on the patient's specific needs and goals.
 4. Patients will be assessed for ongoing progress to determine level of participation in individual and/or group activities.
 5. OT staff will document individual OT activities on Daily Group Individual Progress Notes section of the chart.

APPROVAL: Nursing Standards Committee

EFFECTIVE DATE: 6/07

REVISION DATES: 8/07, 10/08