

Partial Hospital and Intensive Outpatient Programs - Unit Practice Manual

John Dempsey Hospital - Department of Nursing

The University of Connecticut Health Center

PROCEDURE FOR: Admission Criteria / PHP/IOP Program Guidelines

POLICY: Eligibility for admission to the program will be based upon assessment by the Program Manager or designated clinical staff and ultimately by the staff psychiatrist. It is the policy of PHP/IOP to accept for admission persons age 18 and older who will benefit from day-long psychiatric treatment in an intensive structured environment, but whose mental condition does not warrant 24-hour a day supervised care.

- PROCEDURE:**
1. All patients require an admitting order from a psychiatrist who has medical staff privileges at the facility.
 2. Patients must voluntarily enter the program and be motivated to engage in treatment.
 3. The following criteria will be considered in deciding whether a patient can appropriately be served in the program:
 - a. Patient must have serious emotional/mental disorder identifiable is the DSM IV Axis I symptoms and/or behavioral manifestations of such severity that there is significant interference with social, vocational and/or educational functioning.
 - b. Patient is in need of more intensive treatment that can not be met at a lower level of service.
 - c. Patient is not requiring 24-hour care and if recently hospitalized, has experienced a significant reduction in the acuity of his/her symptoms, but is not capable of assuming full responsibilities for his/her life. The program assists to control symptoms and maintain the patient at a functional level to prevent further decompensation and repeated inpatient hospitalization.
 - d. Patient must be able to participate in group activities. He/She must be able to understand, agree to and follow group structure and activities independently.
 - e. Patient must be willing to follow staff directions as is appropriate to the patient's care and safety, as well as the greater safety of the patient and staff community.
 - f. Patients must engage with others in an appropriate and respectful manner.
 - g. For IOP level of care, patients must be able to evidence meaningful ability to abstain from substances of abuse. In general, the expectation would be abstinence for at least one week when being referred from JDH psychiatric inpatient unit and two weeks when being otherwise referred.
 - h. Patient must be medically stable, ambulatory or use a cane, walker or wheelchair and must be able to get to activities and group rooms without staff assistance. Patient must be sufficiently organized in his/her thinking to participate in the structure of the program.
 4. Patient will be assessed by the Intake Coordinator and/or Program Manager to be capable of participating in the program.

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- a. Patient must agree to attend for the recommended treatment program.
- b. Patient may be self-referred or they may be referred by their clinician, a treatment facility or their Primary Care Provider.
- c. Patient must be able to utilize transportation to and from the program.
- d. Patient is required to have insurance and be willing to take any additional responsibility for payment as necessary.
- e. Prior authorization, as necessary, from Medicaid and some HMO's may be required.
- f. Patient must have a home or alternate living situation, which provides adequate support to maintain the patient outside of the program.
- g. Patient cannot live with or have a social relationship with any patients who are currently enrolled or scheduled to be enrolled in PHP/IOP.
- h. Patient must cooperate with treatment goals, such as volunteer jobs, AA meetings, etc.
- i. Patient will collaborate with the treatment team with regard to treatment planning and the establishment of appropriate treatment goals.
- j. Patient will agree to let the PHP/IOP physicians and APRNs attend to Medication Management issues while the patient attends PHP/IOP. The patient will also agree to let the PHP/IOP prescribers contact their community providers to consult with them with regard to medication management issues and any other healthcare issues as it affects the patients care and well-being while in treatment at the PHP/IOP programs.
- k. All patients regardless of which program they are enrolled in must agree to abstain from ETOH and any other substance of abuse while in treatment, even if they do not have a substance abuse diagnosis.

APPROVAL:**EFFECTIVE DATE:** 1/83**REVISION DATES:** 1/84, 1/85, 1/86, 1/87, 1/88, 11/88, 6/89, 9/89, 9/90, 9/91, 1/95, 12/97, 2/00, 6/07, 5/12/08, 5/22/08, 8/08, 8/09