

PROTOCOL FOR: Interdisciplinary Treatment Plan and Interdisciplinary Integrated Summary

**POLICY:** It is the policy of John Dempsey Behavioral Health Services that an Interdisciplinary Treatment Plan (ITP) be completed on every patient admitted to the services for the Partial Hospital Program and Intensive Outpatient Programs. The ITP will be completed within 3 visits from the date of admission and will include, but not limited to, identification of individual patient problems and goals and treatment interventions. All disciplines involved with the patient's treatment will participate in the interdisciplinary treatment planning process and identify interventions to be initiated to achieve identified goals. The following forms are completed:

1. The ITP and subsequent updated Treatment Plans include the following sections:
  - Treatment Plan Cover Page
  - Problem: Mood, Anxiety, Thought Disorder Treatment Plan (required)
  - Problem: Substance Abuse Treatment Plan (if applicable)
  - Problem: Altered Health Treatment Plan (if applicable)
  - Problem: Discharge Planning Treatment Plan (required)
  - Problem: Other Focus of Treatment Plan (optional)
2. Interdisciplinary Integrated Summary (IIS).

**DECISION-MAKING**

**PROCESS:**

1. The Treatment Coordinator:
  - a. Completes the IIS.
  - b. Completes the Treatment Plan Cover Page which includes the following:
    - Date of admission, next revision date, the program the patient is attending, interventions, diagnoses (Axis I-V), list of treatment team members, certification of treatment, acknowledgement the ITP was discussed with the patient.
  - c. Completes a treatment plan for the following problems:
    - Discharge Planning
    - Mood and/or Anxiety and/or Thought Disorder
  - d. If applicable, completes a treatment plan for the following problems:
    - Substance Abuse and/or Altered Health and/or Other Focus of Treatment
  - e. Each problem of the treatment plan documents the following:
    - **Problem:** the appropriate problem(s) is/are checked.
    - **Specific symptoms** the patient is experiencing currently and by history is documented in designated area "**As Evidenced By:**"

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- **Long Term Goal(s)** are identified and documented in the designated area.
  - **Objective(s)** (Short Term Goal) is identified and documented in the designated area.
  - **Intervention(s)** including treatment and education provided to achieve objective. What, how often and which discipline is identified and documented in the designated area.
- f. Discusses goals for treatment with patient and/or family/legal guardian to encourage their active participation in treatment planning.
- g. Reviews the ITP on a weekly basis when documenting weekly progress notes and when there is a significant change in the patient's physical, mental or psychiatric presentation.
2. The Interdisciplinary Team:
- a. Reviews, revises and signs the initial ITP within a week of admission and at monthly intervals and when clinically indicated.
  - b. Reviews, revises and signs the IIP within a week of admission.
3. The Attending Physician:
- a. Completes and signs the Certification Section on the ITP within a week of admission and subsequent ITP Treatment Plan Cover Page at monthly intervals and when clinically indicated.

**APPROVAL:** Nursing Administrative Council

**EFFECTIVE DATE:** 4/07

**REVISION DATES:** 11/08