

Respiratory Care Services

John Dempsey Hospital

Policy and Procedure Manual

Subject: Oxygen via Simple O₂ Mask

Equipment: Oxygen Flowmeter
Humidifier
Simple O₂ Mask with connective tubing

Procedure:

1. Obtain the necessary equipment in the Respiratory Therapy equipment room and proceed to the patient's nursing unit.
2. Read the patient's order sheet for the doctor's specific instructions. Verify the patient's name, DOB, and bed location.
3. Proceed to the patient's bed, introduce yourself, and explain what you are about to do and that it has been ordered by the patient's doctor. Check the patient's name and DOB verbally and by the patient's wrist band. Be reassuring. Be sure there is no ignition material at the patient's bedside
4. Wash your hands.
5. Connect the flow meter to the oxygen source and to the humidifier. Attach the connecting tube and mask.
6. Be sure there is flow from the mask. Test for leaks, loose connections and proper function of the pressure relief valve by pinching the tube close to the mask.
7. Adjust the mask on the patient's face for maximum comfort and security.
8. Turn the flowmeter to the liter flow specified in the doctor's order. Observe the initial effects of the treatment and make any necessary adjustments.
9. Properly document respiratory charges for equipment and oxygen hourly usage.

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